

ShaRK 400m 2026: Session: 1: Startlist per athlete for TEAM: LGN

Coachinfo: Warming up from: 12:20 untill 13:25. Teamleadmeeting @ 13:00

The listed starttimes are indicative!

Coaches: Gitsels Els HEADCOACH

PB => Personal Best time

Athlete: BOUVEROUX NINA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	8	6	05:30.66	05:12.04	16:10

Athlete: DUPONT ELLA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	8	2	06:08.90	no time	15:15

Athlete: HANSOUL CHARLOTTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	6	6	05:49.22	05:58.14	15:55

Athlete: JACOBY APOLLINE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	5	4	no time	no time	15:50

Athlete: JORISSEN FINN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY MEN 11+	2	3	1	05:26.79	05:40.81	14:10

Athlete: JORISSEN NIENE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	7	5	07:04.66	no time	15:05

Athlete: LEDENT MATTHEW

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	7	4	06:44.82	no time	15:05

Athlete: MASSARD LOYC

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	6	5	07:26.23	no time	14:55

Athlete: MISCORIA-BAGANELLA GABRIEL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	4	2	05:28.38	05:18.58	16:40

Athlete: MORENO NOÉLINE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	8	2	05:18.82	05:00.30	16:10

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Athlete: PONCELET NIENE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	8	4	05:14.76	04:57.12	16:10

Athlete: RENOARD MAEL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY MEN 11+	2	2	2	no time	no time	14:00

Athlete: ROOMANS BAPTISTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	8	4	06:02.65	no time	15:15

Athlete: SCAGLIONE LOUISE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11-12	4	8	5	05:26.60	05:08.06	16:10

Athlete: SCHROYEN BENJAMIN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	5	1	05:06.26	05:07.70	16:45

Athlete: STAS LORANE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY WOMEN 11+	1	4	1	no time	no time	13:50

Athlete: THYSE LALY

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MIXED 9-10	3	8	3	05:59.62	no time	15:15

Athlete: VAN HOVE PAULINE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY WOMEN 11+	1	4	5	05:32.09	05:35.55	13:50